



*FAMILIES HELPING FAMILIES OF SWLA INVITES  
YOU TO ATTEND*

# "RISE"

## **RESOURCES, INFORMATION, SUPPORT TO EMPOWER**

The RISE program is for parents/family members of children with any type of disability. This program hopes to give parents/family members a variety of tools/skills so they may be able to know what is available before a crisis/issue occurs.

**6 training sessions targeting resources, education issues, advocacy information and other topics related to navigating the disability service system.**

Along with the resources and information given, one on one support will be provided. We hope parents/family members will be empowered and gain the knowledge needed be effective advocates for their children.

**It's Who we Are it's What We Do!!!!**



## **FREE Informative Empowerment Sessions...**

**You must register to  
attend!!!**

**Session Dates are as  
followed:**

**September 24, 2019  
October 29, 2019  
November 19, 2019  
January 28, 2020  
February 18, 2020  
March 31, 2020**

**All classes held at  
Families Helping Families  
5:30-7:30pm  
2927 Hodges Street  
Lake Charles LA 70601**

**~Dinner & Door Prizes ~**

**For more information or  
to register to attend.**

**Please contact  
Beryl Cook at  
337 436-2570 or  
1-800-894-6558 or  
[bacook@fhfswla.org](mailto:bacook@fhfswla.org)  
Or visit our website:  
[www.fhfswla.org](http://www.fhfswla.org)**