



Please join us for Coffee and Conversation with:

*Robin Daugereau, Mental Connections:
Take Care of Yourself for the Holidays*

**Thursday, December 13, 2018
10 AM - 11:30 AM**

**FHF Conference Room
2927 Hodges Street
Lake Charles, LA 70601**



Link to Register: <https://conta.cc/2DxnXLs>

Mental Connections is committed to ensuring quality services, The goal of their services is designed to improve the life of individuals, couples, and families that are directly affected by mental & behavioral health issues and worldly & family strife. It is their intention to make the application process friendly, informative, and focused on meeting families needs and desires.



For more information contact
Families Helping Families of Southwest Louisiana
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