

Families Helping Families  
Support & Information Group  
presents

## Empowering Families Summer Series



Light snacks & drinks provided

Raffle tickets given to each  
parent/caregiver  
for Kindle Fire Drawing!

Thursday, June 23, 2016

5:30 pm– 6:30 pm

Thursday, July 21, 2016

5:30 pm– 6:30 pm

Thursday, August 18, 2016

5:30 pm– 6:30 pm

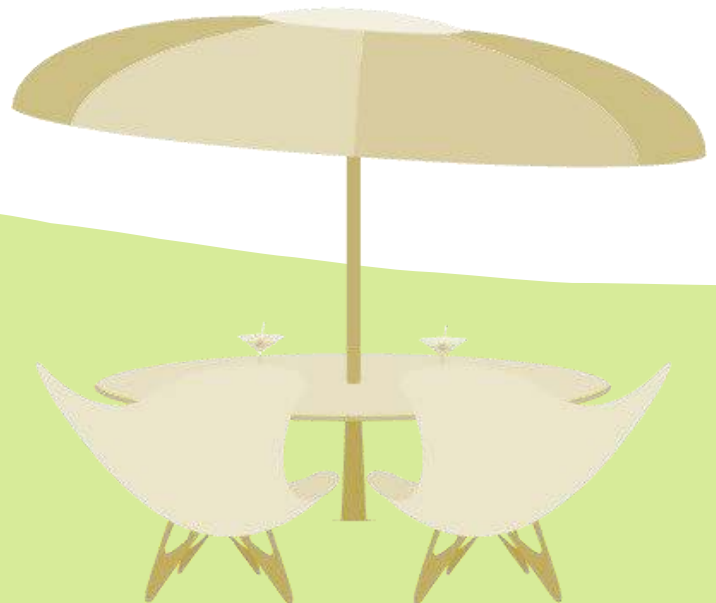
Families Helping Families  
2927 Hodges St.  
Lake Charles, LA 70601

### Join us to Discuss Topics Related to Children With Disabilities:

- ♦ *PTSD and the Anxiety it causes (June)*
- ♦ *Healthy Eating and its Positive Effect on Your Body (July)*
- ♦ *Couponing is FUN (August)*

Come and join staff members from Families Helping Families to meet new friends and form a support circle for those times when you need to know someone who has “been there, done that!!”

Register to Attend (337) 436-2570 ♦ 1-800-894-6558 or Email: [info@fhfswla.org](mailto:info@fhfswla.org)



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